

# NEWS/ Zoe Saldana Is All Smiles, Super Slim at First Official Post-Baby Appearance—See the Pic!

by REBECCA MACATEE Thu., Feb. 5, 2015 8:57 AM PST

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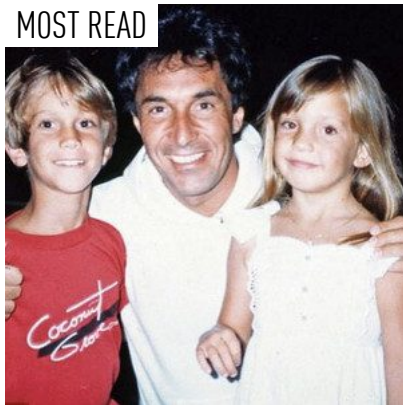
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**Zoe Saldana** is one hot new mama!

The 36-year-old actress made her first official post-baby appearance Wednesday at the 2015 VES Awards in Beverly Hills. It was there that the smiling star, showing off her slim figure in a strapless dress with polka dots, presented her *Star Trek* director **J.J. Abrams** with the Visionary Award.

It's hard to believe with a body like *that*, but Zoe gave birth to twin boys **Cy** and **Bowie** just over two months ago! So how did the *Guardians of the Galaxy* star shed the baby weight so quickly?

**PHOTO: Zoe Saldana shows off post-baby bod at mom's birthday celebration!**



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It's pretty simple, actually! "Zoe's been taking care of herself and exercising and eating healthy," a source [told E! News](#) last month. "She hasn't done anything over the top. It's mainly taking care of two baby boys, as that's a workout on its own."

She's also breastfeeding—one of the many things her new role as a mom entails. As for hubby **Marco Perego**? He's quite the hands-on daddy and loving every minute of it!

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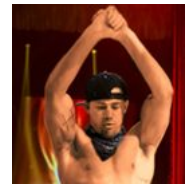
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"They are over joyed with the love Cy and Bowie have brought into their life," said a source. "Zoe and Marco have gotten even closer during Zoe's pregnancy and first few weeks with their baby boys...Marco has been such a loving supporting husband, helping Zoe around the house and taking care of her, giving her back rubs and a lot of sweet love."

Aw! That's not all, though...Cy and Bowie "are such an inspiration to his [Marco's] life and his artwork," a source told E! News, adding that the proud papa knows "what it is to be a great dad and provider. He is grateful he can give his babies certain things that were harder for him as a child."

Don't think that means two spoiled kids, though! A source told E! News that both Marco and Zoe want to raise their twins with a "down-to-earth," appreciative attitude, explaining, "Having good values is a must for them."

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